#### **Patient Exam Preparation Instructions:**

## V/Q Scan (Ventilation/Perfusion)



If you are pregnant, may be pregnant, or are breastfeeding, contact the University Radiology office where you are scheduled.

#### **Day of Your Exam:**

- Arrive at least 15 minutes prior to your test.
- You may take your normal medications with small sips of water.
- You will breathe radioactive material through a nebulizer.
- You will be given an injection of a radioactive material.
- The amount of radioactivity is very small and has no side effects.
- You will get a chest x-ray during the imaging appointment, depending on why your doctor wants the test.
- Once we begin, imaging will take approximately one hour.
- During imaging you will be required to lie flat on your back, without moving.
- Wear comfortable clothing for this exam without metal snaps, buttons or zippers.
- Jewelry and other metallic accessories should be left at home if possible.

# Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: **UniversityRadiology.com** 

# Bring your prescription, insurance card, and photo ID

They are required for this procedure.

### **Glucose Monitoring Devices**

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

### **Payment**

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

**Questions?**Call **800-758-5545**